

| July 2004 | | | | | | |
|--------------------------|-----------------------|-----|--|----------------------|-----------------------|----------------------|
| Sun | Mon | Tue | Wed | Thur | Fri | Sat |
| | | | | 1 Coffee 10am | 2 Tai Chi 10am | 3 Barbecue 5pm |
| 4 Independence Day | 5 Tai Chi 10am | 6 | 7 Tai Chi 10am & Bookmobile | 8 Coffee 10am | 9 Tai Chi 10am | 10 |
| 11 | 12 Tai Chi 10am | 13 | 14 Tai Chi 10am | 15 Coffee 10am | 16 Tai Chi 10am | 17 |
| 18 | 19 Tai Chi 10am | 20 | 21 Tai Chi 10am | 22 Coffee 10am | 23 Tai Chi 10am | 24 |
| 25 | 26 Tai Chi 10am | 27 | 28 Tai Chi 10am Bd. Mtg. 7pm | 29 Coffee 10am | 30 Tai Chi 10am | 31 |

YOUR BOARD OF DIRECTORS

| | |
|--------------------|-------------------|
| President | Kathy Slotterback |
| Vice President | Peter Janicki |
| 2nd Vice President | Ed Healy |
| Secretary | Margaret Saunders |
| Treasurer | Lori Allio |
| Alternate | Rick Caughey |

An **Emergency** is a situation that threatens human life or personal property and demands immediate attention, i.e., Medical, Burglary, Fire, Theft and Assault - **DIAL 9 1 1**

EASTERN GARDENS TATTLER



Volume 1 Issue 6

July 2004

Community Director's Message

*** Fighting Crime the Easy Way ***

Often times, it's not expensive alarm systems or the sight of police that deters burglars; it's the small, simple things residents do that make the would-be thieves move on. Here are a few but practical ways to fight crime in our community.

*** Always lock your doors and windows.** Even if you're only running to the laundry room or the car to grab something, lock up!

*** Report suspicious people and behavior to the office or police.** Whether or not the situation is a false alarm, it's better to be safe than sorry.

*** Don't leave keys hidden anywhere outside your apartment.** Such as under a doormat, instead, let a friend or trusted neighbor hold a spare key for you.



Now this is what I call a suspicious character!

*** Never allow strangers to use your phone.** Even if they claim to have an emergency. Talk to them from behind a locked door, and offer to make the call for them.

*** Never advertise that you're not at home.** Whether it be on the answering machine or with a note posted on the door.

*** Draw your shades at night.** Keep a few lights on, inform the office if you notice burned-out lights on the grounds and don't advertise your apartment contents by having all your drapes open and lights on at night.

Sincerely,
Theresa Williams
Community Director



Eastern Gardens Management Team

Community Director: **Theresa Williams**
Maintenance Tech: **Ramon Lara**
Property Manager: **Jim Collins**
Federal Properties Incorporated (FPI)



Office Hours
Mon - Fri 8:00 a.m. - 2:30 p.m.
Wednesday's Only 9a.m. - 6pm
Sat - Sun Closed
Office Ph.: 916.489.1604
After Hours Ph.: 916.357.5300

**July 3rd, Saturday
Outdoor/Indoor Cookout**

For this month's community activity EG residents will be having an indoor and outdoor barbecue feast.

- * Barbecues fires start @ 5pm., we eat at 6pm.
- * Buns, Drinks & condiments provided
- * Bring \$4.00 or a main dish enough for at least 5-6 people.
- * POC: Kathy Kent or Gladys Glatt

NOTE: Volunteers to help are never turned down.

CLUBHOUSE USAGE

In 2003 the Board of Directors approved the opening of the clubhouse, M-F 8-5p.m. for the express purpose of Membership usage for gatherings of friends, tea socials, watch TV, etc. Normally the clubhouse is used for Membership meetings and functions as well as rental purposes, by Members only. However, certain courtesies must be extended if we are to keep the clubhouse open during normal business hours, that is:

- * No personal items are to be stored inside the cabinets, lounge area or refrigerator, e.g., food, clothing, decorations or furniture.
- * You are expected to keep it clean upon and after your usage.
- * No animals allowed, unless it's a service animal, e.g., seeing eye dog.
- * Report breakage or discrepancies to the office.
- * No personal phone calls. The phone inside the clubhouse is for "EMERGENCY USE ONLY".

EMERGENCY CONTACT SHEET

For your safety and others, if you have not recently updated your emergency contact sheet, i.e., the person(s) you would like management to contact in case of an emergency. Please visit the office to obtain an E/form and fill it out - Thank You.

Laundry Room Courtesies

Please remember when using the washers and dryers, that you take the time to jot down the time when you leave your clothes unattended long after they've stopped. There are others who may not have the time to wait for your return.



And remember to always please clean-up after yourself - Thank You

RAMON'S MAINTENANCE TIPS***Air Conditioning vs. Refrigeration***

Refrigeration and A/C units are like apples and oranges. A different type gas is used in each of them, meaning that your A/C unit will never get as cold as your refrigerator freezer. So when you set your A/C unit at 65 degrees or less it will never get there. The only thing that will happen is that you will cause the compressor unit outside and the blower unit inside to freeze-up, literally! Which you can be held financially liable for any damages to the units, due to negligence. So, to conserve energy and to spare the equipment, it is recommended that you set your thermostat between 74-80 degrees and in the Auto position. ***

**The Story of Independence Day
and
America's Birthday**

Independence Day is the national holiday of the United States of America commemorating the signing of the Declaration of Independence by the Continental Congress on July 4, 1776, in Philadelphia, Pennsylvania.

At the time of the signing the US consisted of 13 colonies under the rule of England's King George III. There was growing unrest in the colonies concerning the taxes that had to be paid to England. This was commonly referred to as "Taxation without Representation" as the colonists did not have any representation in the English Parliament and had no say in what went on. As the unrest grew in the colonies, King George sent extra troops to help control any rebellion. In 1774 the 13 colonies sent delegates to Philadelphia Pennsylvania to form the First Continental Congress. The delegates were unhappy with England, but were not yet ready to declare war.

In April 1775 as the King's troops advanced on Concord Massachusetts Paul Revere would sound the alarm that "The British are coming, the British are coming" as he rode his horse through the late night streets. The battle of Concord and its "shot heard round the world" would mark the unofficial beginning of the colonies war for Independence.

By June 1776 their efforts had become hopeless and a committee was formed to compose a formal declaration of independence. Headed by Thomas Jefferson, the committee included John Adams, Benjamin Franklin, Philip Livingston and Roger Sherman. Thomas Jefferson was chosen to write the first draft which was presented to the congress on June 28. After various changes a vote was taken late in the afternoon of July 4th. Of the 13 colonies, 9 voted in favor of the Declaration, 2 Pennsylvania and South Carolina voted No, Delaware undecided and New York abstained.

To make it official John Hancock, President of the Continental Congress, signed the Declaration of Independence. It is said that he signed his name "with a great flourish" so "King George can read it without spectacles!". The following day copies of the Declaration were distributed. The first newspaper to print the Declaration was the Pennsylvania Evening Post on July 6, 1776. On July 8th the Declaration had its first public reading in Philadelphia's Independence Square.

Although the signing of the Declaration was not completed until August, the 4th of July has been accepted as the official anniversary of United States independence. The first Independence Day celebration took place the following year - July 4, 1777. By the early 1800s the tradition of parades, picnics, and fireworks were established as the way to celebrate America's birthday. And although fireworks have been banned in most places because of their danger, most towns and cities usually have big firework displays for all to see and enjoy - here's ours.

Have a safe and enjoyable 4th of July!

