

October 2005						
Sun	Mon	Tue	Wed	Thur	Fri	Sat
						1
2	3 Tai Chi 10am	4	5 Tai Chi 10am Bookmobile	6 Coffee 10am	7 Tai Chi 10am	8
9	10 Columbus Day Tai Chi 10am	11 Genealogy Class 10am	12 Tai Chi 10am	13 Coffee 10am	14 Tai Chi 10am	15
16	17 Tai Chi 10am	18	19 Tai Chi 10am	20 Coffee 10 am	21 Tai Chi 10 am	22
23 30 DST Ends	24 Tai Chi 10am 31 Halloween	25	26 Tai Chi 10am Bd Mtg 7pm	27 Coffee 10am	28 Tai Chi 10 am Pizza Party 6pm	29

### YOUR BOARD OF DIRECTORS

President	Alfonso Baute
Vice President	June Robinson
2nd Vice President	Ed Healy
Secretary	Mary Kirk
Treasurer	Kathleen Slotterback
Alternates	Rick Caughey Margaret Saunders

An **Emergency** is a situation that threatens human life or personal property and demands immediate attention, i.e., Medical, Burglary, Fire, Theft and Assault - **DIAL 9 1 1**

# EASTERN GARDENS TATTLER



Volume 2 Issue 10

October 2005

### Put Yourself in Other People's Shoes

We are quick to judge other people through their actions. That's normal, and it comes with our membership in the society of humans.

When a driver cuts and overtakes us in the highway, we think he's of subnormal intelligence and wish he'd end up in a crash. When a pedestrian brushes our side as she passes by, we curse her with names for private body parts. When politicians speak of views we disagree with, we tell them to go that fiery place of everlasting torment for the damned.

Our gut reaction is to condemn others who don't conform to our values and norms. We stay away from people who do things differently because not only are they "weird", they're also altogether wrong, or seriously misguided. We are quick to say they should do as we do or suffer the consequences.

That's human nature-our survival instinct. What is unnatural and requires a good amount of effort is taking the time to put ourselves in other people's shoes to try to understand why they are different. The driver speeding past us may be trying to save someone's life-we don't really want him to end up in a crash. The pedestrian bumping us may have just lost their job-we don't want to add to their misery by calling them names. And the talking heads on TV may just be passionate about a cause they earnestly believe in-as are we.

Another way to put it is to give other people the benefit of the doubt. It may be true that the driver has subnormal intelligence; and the pedestrian may actually have the character of a private body part. But without a full-blown investigation, or at least the help of a short question-answer session, we can never be sure.

In the business world, sellers do well when they put themselves in their customers' shoes because they understand what the buyers want, expect, and buy into. Within the family and the workplace, working successfully together involves understanding what our family members and teammates are all about, and resolving differences.

If we give others the benefit of the doubt, and go further by putting ourselves in their shoes, we might find a reasonable excuse to not condemn fellow human beings to eternal damnation. By looking at life from another person's perspective, we might succeed in finding solutions to problems we have always been narrow-minded about.

If we all put ourselves in someone else's shoes, maybe the world would have a better understanding of its countless differences. Understanding would be a huge step towards peace.

*Community Director's Message*



## Eastern Gardens Management Team

### Office Hours

Community Director: *Theresa Williams*

Maintenance Tech: *Bill Reed*

Sr. Regional Manager: *Gary Haugstad*  
FPI Management, Inc.

Mon - Fri 8:00 a.m. - 5:00 p.m.

Wednesday's Only 9a.m. - 6pm

Sat - Sun Closed

Office Ph.: 916.489.1604

FPI Emergency Ph: 916.532.2811





**MONTHLY POTLUCK**

"Halloween Pizza Party"

**When:** Friday, October 28th**Where:** Clubhouse**Time:** 6:00 p.m. (pizzas will be delivered)**Cost:** \$4.00 per person**Food:** Ticket to include pizza, salad, beverage, and dessert**RSVP prior to October 26th-****Tickets must be purchased prior to event** -- pizza order will be based upon RSVPs. Please call Kathy @ 482-1533 to make reservation and purchase tickets. Costumes are optional.**GENEALOGY CLASS**

Take this opportunity to go back in time discovering your roots on Tuesday, October 11th at 10:00am in the clubhouse. Class will be conducted under the direction of Mary Kirk. She has offered her time to share her knowledge and many years of research techniques to those of you that are interested.

**POOL POLICY REMINDER**

Pool furniture will be stored away the second Monday of October along with the heat being turned off. Opened year round pool policy and pool hours remain the same. Pool furniture and heat will return on May 1st, as in years past, this has not changed. Pool maintenance will be serviced twice a week instead of three times a week do to less usage in winter than summer which requires less chemicals.

**BOARD OF DIRECTOR'S ELECTIONS**

For those member's wishing to apply for positions on the Board, you may acquire a resume' form in the office during normal business hours. All resumes' must be turned in no later than Wednesday, November 16, 2005. Actual voting will be held during the Annual General Meeting of members (AGM) on Tuesday, December 13, 2005 @ 7pm. Your participation is vital, so please plan on attending.

**REFUGE BIN AREAS**

Eastern Gardens participates in a Recycle Program and currently has two dumpsters for both recycable and non-recycable waste. **Kudos to all of you for participating in this effort by seperating your trash.** As a reminder, please **DO NOT** discard the following items into the trash receptacles: paints, thinners, acetones, auto parts, batteries, flammable liquids, toxins, explosives, or petroleum products such as, oils and greases. In addition, I would like to remind each member that the refuge bins/areas are to be used only by its members. Members are **not allowed** to have their guest or family members to bring their trash on site for disposal. This includes items mentioned above as well as; washers, dryers, refrigerators, rugs, furniture, grass, tree trimmings, clothes and food items. This creates an extra expense and burden to EG.

**HISTORY,FACTS & QUOTES FOR OCTOBER 2005**

October is the month that leads us into the winter months which can cause the need for helpful winterizing tips:

**Winterizing your car****Exterior of the car:****Windshield wipers.** Replace if blade streaks or if over 1 year old.**Tires.** Check tires for wearing, balding or alignment issues. Check tire pressure once a month. The above tire conditions can reduce gripping and gas mileage.**Lights.** With lower visibility in the winter, you want to make sure other drivers can see you.**Brake pads and shoes.** Replace worn pads and have your brakes professionally inspected to ensure immediate response in icy or slippery situations.**Under the hood:****Top off your fluids:** engine coolants, power steering, brake, radiator, windshield washer and battery fluids. Flush cooling system every 2 yrs. Use winter windshield washer antifreeze, and winter wiper blades.**Gas.** Keeping your gas tank at least half full reduces moisture problems in the fuel system.**Belts.** Change belts that are worn or cracked.**Oil.** Change oil and filter every 3,000 miles.**Spark plugs.** Replace if worn or misfiring.**Battery.** cold temperature increases the battery workload. Replace if more than (3) yrs old or cranks slowly when you start it.**Pack an Emergency Kit:** Flashlight, Ice scraper, Sand or gravel, Jumper cables, Jacket, blanket, work gloves, cell phone.**Drive Safely!****Home winterizing tips**

1. Turn heating system on and make sure thermostat is functioning properly when selecting degree's, and unit turns on and off automatically when selected degree is reached. Report a work order immediately to the office to prevent costly damage or SMUD bill.
2. Replace HVAC filter to prevent blockage of warm air flow that will cause HVAC to work harder and less economical.
3. Lower thermostat to 68 degrees for savings.
4. Seal windows with weather stripping or caulk.
5. Save hot water and the money to heat it by substituting a shower for a bath when possible.
6. Stay warm by balancing out heat by closing vent in rooms you don't use. This directs heat to were you need it making heating unit not work so hard and long saving cost.

**TIME TO FALL BACK**

Once again it is time to set your clocks back one hour at 2:00AM on Sunday, October 30th. This marks the close of Summer and the beginning of Autumn. You can always remember which direction to reset your clocks by recalling the simple phrase: "Spring Forward, Fall Back!"

**OCTOBER IN HISTORY**

- 1st-** First World Series Baseball Game, 1903  
**9th-** Public first admitted to Washington Monument, 1888  
**13th-** U.S. Navy established, 1775  
**22nd-** Xerox introduced the copy machine, 1938  
**25th-** The microwave oven introduced by The Tappen Company, 1955  
**29th-** First ballpoint pens go on sale at Gimbels in New York for \$12.50ea., 1945