



Management Message



Joe Mohammed, Jr., Maintenance

Fee Reminders: Please be sure your current unit number is always written on your check.

Thank you Comcast: Due to our new contract with Comcast we are now receiving free cable in the clubhouse. Enjoy!

After Hours Emergencies: If you are experiencing a life-threatening emergency please call 911. For building emergencies (i.e., major plumbing leaks, power outages, serious electrical problems) call **(916)485-7368**. Arrowhead monitors the line. Please keep in mind frivolous calls cost EG money. If something can wait until the next business day it should.

Laundry Reminders: When doing laundry after 7pm please close the windows when done. It keeps everybody safe and the laundry room secure.

Thank you!
Deborah Mohammed,
Community Director

What's the Board Up To?



Left to right: Arrowhead President Joe Mohammed Sr. and EG Board President Chuck Miller.

On March 28th, the management contract between Arrowhead and Eastern Gardens was signed by President Chuck Miller and Joe Mohammed Sr. This is the first contract negotiated and signed by EG in over 40 years. It took a good amount of diligence by the board to execute a contract that represented the needs of a housing cooperative. Both parties are very happy with the final result.

We are halfway through 2016. Here are just a few of the BOD's current projects:

- ✓ Reserve Study
- ✓ Roof Repair
- ✓ Working with new web design firm
- ✓ Member Survey

You have a voice too. Email board@easterngardenscoop.org with what you like, so we know! Better yet, fill out your survey right away—look for it in the mail in the next two weeks!



Join a Board Committee!

Membership Committee - Welcoming new members and creating a new packet and workshops for education. Chairperson Bernadine Stofanik, (916) 971-3662.

Social Committee - Planning coop social functions. Chairperson Vera Roff, (916) 482-1260.

Landscaping Committee - Chairperson Gayle Posey, (916) 504-9554, and Wendy Johannson, (916) 333-3136.

Newsletter Committee - Chairperson Alize Grant, (415) 254-1074. The Spring edition of *The Garden Grapevine* was completed and we hope you enjoyed it. It was a fun challenge to create a newsletter that reflects our cooperative. We are already planning the Fall edition (deadline for submissions is September 2). As always, we are open to feedback and suggestions.

Finance Committee ➡ We work to keep Eastern Gardens financially healthy while preventing future carrying charge increases. Some of the things necessary to achieve this goal:

Long term strategic planning | Preparing/monitoring the annual budget
Review existing/new 3rd party vendor contracts (September: Laundry contract maturing)
Insurance policy review | Mortgage review | Facilitating & sharing new ideas

Anyone interested in this endeavor is invited to join up. Jeff Lema (916) 802-5558





COMMUNITY JUNCTION

SECURITY CAMERAS

Our best weapon against crime is prevention. Eastern Gardens is having problems with dumpster diving and the Robertson gate being vandalized. In an attempt to deter this activity cameras, motion detectors and warning signs have been placed in areas around the dumpsters and fence.

RESERVE STUDY UNDER WAY

Association Reserves has been selected and hired to do Eastern Gardens' reserve study; they come highly respected and have been doing reserve studies for 40 years. On June 10th management and the board did the preliminary walkthrough with our project manager. It's been over 10 years since our last study, and fortunately the study will only be \$990/year for 3 years. This reserve study will ensure we are correctly basing our budget and long-term planning.

GET WELL SOON!

Beloved members Vera Roff and Dick Crockett have fallen ill. Please send them your well wishes for a speedy recovery.

Member In the Spotlight



GLADYS GLATT

In order to foster a closer sense of community, The Gardens Grapevine team has added a new feature. One member will be the star of our Newsletter. Please say hello to Gladys Glatt!

Do you have family who also live here?
I live with my son William, who is my caretaker. I have lived here at Eastern Gardens for over 20 years.

What did you do for a living?
I attended Hill's Business College to learn shorthand. I mostly worked in clerical and office jobs to support my family. I also worked for the State of California as a Stenographer.

What's your typical day like?
I get up around 7:30, eat breakfast and do my morning prayers. I enjoy going to the pool for my exercises to help with my leg, and socializing with neighbors. My evening is typically eating dinner and turning in early.

What do you do for fun?
I live for the Lord and to serve. I enjoy going to Bible study with my neighbor, Cathy Lozano--any spiritual activity where I can serve and help others.

If you had the power to change anything at EG what would it be? I am so thankful my son William found this place for me. I love living here. If I could change one thing it would be to establish a helping hands committee for neighbors to help each other any way they need it.

ADD A LITTLE COLOR THIS SUMMER

At the request of the Landscape / Beautification committee, the gardeners will trim shrubbery in the late fall. This way we will have some flowering on the Oleander, Bottlebrush, Heavenly Bamboo and other existing plants for their entire blooming period. We are excited to see what grows well and what looks attractive, so the coming summer will be one of experimentation and study with plants. If you wish to plant and maintain something at your own expense, please go ahead. Then we can see what grows well here and what doesn't and eventually we can extend the best adapted plants to other areas. Remember that perennials do very well when planted in Fall because they have a chance to spread their roots before winter sets in.

The Sacramento Tree Foundation is in the midst of a two-part study of EG grounds with an eye to what new free trees they can offer us! They have a large variety of high-quality trees and offer 5-gallon, 4-7 foot tall seedlings. Stakes and ties are provided but the planting is done by the recipient. To qualify, there must be space for the fully-grown tree, and it must be placed where it provides benefits defined by the tree foundation and SMUD. We have many existing beautiful trees, but this is an opportunity to freshen up the look of the property, provide some new splashes of fall color and to lower our electricity bills. We welcome your input and participation!

Gayle Posey, Wendy Johannson, Cathy Lozano

WHAT'S UP WITH THE WEBSITE?

The Eastern Gardens website and logo are due for a redesign! It's been 4+ years since any major changes and these items are due for a new look. The plan for the website is to create a simple, clean design which utilizes better functionality and new communication features. These include: an easier Members section, blog for board updates, email blast to members, and images of our beautiful property. The logo will feature a tree motif previously designed by a member. For now the site is not being updated due to the renovation. It will be completed soon and ready for members to use and enjoy.



Please welcome our newest members!

Brian Smith = #84
Donna Lumpton (moved in with her mother Jean Davis) = #103
Jeff Hardoin (married to Tina Doegey) = #76

Upcoming Events

Coffee Club Every Thursday 10am-12pm in the clubhouse. Come be social and have a cup of joe and meet your neighbors. Bring a treat to share or great conversation.

Sacramento Library Bookmobile 4th Tuesday of every month 10-10:45am, outside the clubhouse. You can check out all kinds of books and videos right from the van. You can also order anything the library has and it will be delivered to you.

Open Board Meeting is June 23rd at 7pm in the clubhouse and open to all members. We need EVERYONE'S voices to be heard, so if you have never attended a meeting before, now is the time to come!

POPS Concert in the Park, June 25th, 6pm, Glenn Hall Park, Sandburg & Carlson. For families.

Calendar Girls plays now through July 3rd at La Sierra Community Center, 5325 Engle Rd, Ste 110. It's directed by EG member Janice Reade Hoberg, (916) 978-0431. \$18.00/Ticket. Contact (916) 489-7529 or tickets@cplayhouse.org.

July 4th Fireworks at Raley Field 9:30pm or El Dorado County Fairgrounds, and Parade at Howe Park 10am.

Your voice is how we as the Board know how best to serve you. Send compliments, ideas, concerns, and questions to: board@easterngardensco-op.org!

Parents' Corner



Kids Bowl Free All Summer Long at Fireside Lanes 5/2-9/5 – Select bowling centers and schools around the country are participating in the Kids Bowl FREE program. You can sign up online and your kids can bowl 2 free games every day of the summer. Special discounts are offered to parents, too! (916) 725-2101

Family Bike Nights at Safetyville, USA, Thursdays and Fridays 5:30-8pm. This FREE event is open to all ages and skill levels. A special area will be provided for smaller riders in the center in front of the capital. Additionally each event will include a safety or health lesson with a special guest speaker for the families that attend; i.e.: how to fit a bike helmet, pedestrian safety, stranger danger, etc. Helmets required, snacks and drinks will be available. (916) 438-3355

Screen on the Green is a series of FREE movie screenings held at various parks throughout the district. FREE popcorn provided! (916) 808-5240

<https://sacramentokids.net/> for more!



SUPER SUMMER SALSA!

"This is a different, sweet salsa that is perfect for summer and receives rave reviews! It stars sweet white corn and black beans, with red onion, red pepper, sugar, and the crisp tang of rice wine vinegar. Serve with chips."
Allrecipes.com member CCRINAZ

Ingredients

- 2 (10 ounce) cans sweet white corn
- 1 (14.5 ounce) can black beans
- 1/2 red onion, chopped
- 1 red pepper, chopped
- 1/2 cup sugar
- 1/2 cup rice wine vinegar
- salt to taste

In a large bowl, stir together corn, beans, onion, red pepper, and sugar. Stir in rice wine vinegar, and season with salt.

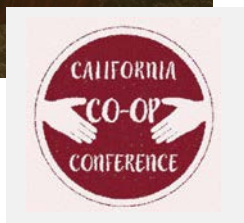
California Center for Co-op Development Conference

The California Center for Cooperative Development held their annual cooperative conference in Sacramento on April 29th and 30th. As this will be the last time the conference is held in Sacramento, it was truly nice to take part in an event with so much opportunity for learning. Cooperatives from all over California and from around the country were in attendance. Both Vice President Alize Grant and Treasurer Jeff Lema attended this year. The conference provided a great opportunity to learn more about the current state of cooperatives, meet other directors and share information and experiences. It was also reassuring to find that many of us are facing some of the same issues such as: member participation, pet

policies, and financing. Over both days we attended workshops particularly pertinent to EG: Strengthening the Board of Directors, Financing Co-ops, Peer Evaluation & Surveys, Reserve Funding for Co-ops, Fair Housing Practices, and a Co-op Legal Q&A.

Main takeaways for EG:

- A) Ongoing training for board
- B) Doing more feasibility studies and surveys to learn the real needs of the co-op
- C) Incorporating networking into our business model so we can stay connected to our industry
- D) New approaches to funding and financing
- F) Setting policies and knowing roles within the co-op



IMPORTANT PHONE NUMBERS

Office: 916-489-1604

After Hours/Emergency: 916-485-7368

Sheriff's Dept (non-emergency): 916-874-5115

Police/medical emergency: 911

CA Highway Patrol: 800-835-5447

Directory assistance: 411

Phone repair: 611

Community, Health, Disaster Assistance: 211

Arrowhead Housing: 916-485-7368

Food stamps: 916-874-3100

Meals on Wheels: 916-444-9533

Social Security/Medicare: 800-772-1213

Paratransit Reservations: 916-429-2733

Regional Transit (Sac RT): 916-321-2877

SMUD: 888-456-7683

Veterans Administration: 916-874-6811



"You Are Worth It"

*Do not undermine your worth by comparing yourself to others.
It is because we are different that each of us is special.*

*Do not let your life slip through your fingers by living in the past or future.
By living life one day at a time, you live all the days of your life.*

*Do not give up when you still have something to give.
Nothing is over until the moment you stop trying for it is a fragile thread which binds us.*

*Do not be afraid to encounter risks.
It is by taking chances that we learn to be brave.*

*Do not shut love out of your life by saying it is impossible to find.
The quickest way to receive love is to give love and the fastest way to lose love is to hold it too lightly.*

*Do not dismiss your dreams.
To be without dreams is to be without hope and to be without hope is to be without purpose.*

*Do not run through life so fast you forget
not only where you have been, but where you are going.*

*Life is a gift - not a race -
but a journey to be savored each step of the way.*

-Submitted by Kathy Kent #44



2016 Board of Directors

President: Chuck Miller

Vice President: Alize Grant

Secretary: Kim Evert

Treasurer: Jeff Lema

Director: Shirley Brown

Alternates: Jerry Ontiveros, Teresa Magee

Social Committee Chair: Vera Roff

Newsletter Committee: Alize Grant, Chair/EIC

Lynette Haley, Contributor

Designer/Copy Editor: René Rodriguez (pro bono)

Summer Search-a-Word

U P K V E C I N C I P Y L R R A
D Q M O T S E I L F E R I F P M
S W I M S U I T R W L U B R S J
G T C M P I L V S W M Y F J I A
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BARBECUE

BEACH

CAMPING

FESTIVALS

FIREFLIES

FIREWORKS

HOT

LIFEGUARD

PARK

PICNIC

POOL

SHORTS

SUNBLOCK

SUNGLASSES

SWIMSUIT

VACATION



Nothing has yet been added to June, July, August calendars.

Be sure to check in with Deborah, our wonderful Arrowhead representative in the management office, for event updates.